

GF BREAKFAST



SERVED

Monday – Saturday
9am to 11.30am

THE OLD SPOT BIG BREAKFAST | £10

Fried or poached egg, sautéed semi dried cherry tomatoes & basil streaky bacon, Portobello mushroom, baked beans and gluten free toast

VEGGIE BIG BREAKFAST (V) | £9

Fried or poached egg, sautéed semi dried cherry tomatoes & basil, spiced butter beans, grilled Portobello mushroom, sautéed spinach and gluten free toast

HUEVOS RANCHEROS (V) | £8

Mexican style breakfast of eggs cooked in a tomato & pepper stew with grated cheddar cheese, guacamole and gluten free toast

AVOCADO BRUSCHETTA (VG) | £8

Bashed avocado on gluten free toast with garlic & herb sautéed wild mushrooms
Add poached egg, bacon, or semi dried cherry tomatoes £1

EGGS BENEDICT | £8

Gluten free toast with house glazed Wiltshire ham, poached eggs and homemade hollandaise

EGGS FLORENTINE (V) | £7

Gluten free toast with sautéed spinach, poached eggs and homemade hollandaise

EGGS ROYALE | £8.50

Gluten free toast with oak smoked salmon, poached eggs and homemade hollandaise

(V) = vegetarian

NB: WE CANNOT GUARANTEE

THE ABSENCE OF NUTS

IN OUR DISHES

www.theoldspotbristol.co.uk

hello@theoldspotbristol.co.uk

THERE WILL BE AN OPTIONAL 10% SERVICE CHARGE
ADDED TO ALL PARTIES OF 10 OR MORE



theoldspot



thegloucesteroldspotbristol



@oldspotbristol

GF MAIN MENU

SERVED

Monday – Friday

12pm - 3pm 5pm - 9pm

Saturday

12pm-9pm

Sunday Menu

12pm - 8pm

LITE BITES | £4

Marinated Nocellara olives (VG,GF)

Pork crackling with homemade cider apple sauce

STARTERS

SOUP OF THE DAY (V) | £5

With gluten free toast and butter

SMOKED SALMON TOSTADAS | £7.50

Smoked salmon, pickled beetroot and basil cream cheese tostada with cucumber, popped caper and radish salad

TO SHARE

NACHOS (V) | £8

Toasted corn tortillas with melted cheese, guacamole, tomato salsa, sour cream and jalapenos

SANDWICHES

AVAILABLE MONDAY - FRIDAY 12PM - 5PM / SATURDAY 12PM – 3PM

All served on gluten free bread with lettuce and tomato

Add skin on fries* for £1.50 / sweet potato fries £2.00

ROASTED MEDITERRANEAN VEGETABLE, FETA, BASIL AND HUMMUS | £6.50

CLUB SANDWICH – THREE-TIERED SANDWICH WITH CHICKEN, STREAKY BACON, GUACAMOLE AND BRIE | £9.00

HOUSE GLAZED WILTSHIRE HAM, SMOKED APPLEWOOD CHEDDAR AND BEETROOT CHUTNEY | £7.50

*A note on our chips – please be aware that our although our fries do not contain gluten we do fry them in the same oil as we fry other flour coated products. They are fried at very high temperature and will never be fried at the same time as other flour products. If you have an intolerance to gluten our chips should be fine for you to consume, however if you are a coeliac we do not recommend them. We are happy to substitute fries for a green salad or mash at any time

GF MAIN MENU

BURGERS

All served with tomato, lettuce, olive mayo, caramelised onion, pickles, sweet mustard ketchup, celeriac slaw and skin on fries or add sweet potato fries £1.50

Add halloumi/ Bath blue/ mature cheddar/ bacon / bacon chili jam/ beetroot chutney £1

BEEF BURGER | £12

CAJUN SPICED BUTTERMILK CHICKEN | £13

MAINS

HAM, EGGS AND CHIPS | £12

House glazed Wiltshire ham, with chunky chips, two fried eggs and dressed leaves

RED LENTIL DAHL (VG) | £12

Red lentil coconut curry served with coriander & lime rice and mango chutney

RUMP STEAK | £18

Confit garlic, balsamic cherry tomatoes, portobello mushroom, chunky chips, dressed leaves. Choose either peppercorn / blue cheese /wild mushroom sauce

GLUTEN FREE BANGERS AND MASH | £12

Creamed mash, kale, chantanay carrots, caramelised onion and cider apple sauce gravy

SIDES | £3

Skin on fries

Creamy mash

Dressed salad

Chunky chips

Seasonal greens

Sweet potato fries (£4)

Sautéed wild mushrooms in truffle oil (£4)

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